Coumadin Clinic
At North County Health Services
### North County Health Services

- **A private non profit corporation**
- **Mission:**
  
  *To improve the health of diverse communities by providing quality healthcare that is comprehensive, affordable and culturally sensitive.*
- **11 sites**

<table>
<thead>
<tr>
<th>255,328 medical + dental visits a year</th>
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<tbody>
<tr>
<td>57,887 patients</td>
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<td>Oceanside site has 30,000 visits a year with 5,000 patients</td>
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<td>Approx %5 on warfarin</td>
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<td>33 patients followed by Liz Ali since June 2012</td>
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Model of Clinic

**Wanted**
- 2 half days a week devoted to walk in Coumadin clinic with a pharmacist.
- Visits to include: lab, medication, and staff for follow up at no charge to patient

**Got**
- Zero extra dollars
- Coumadin clinic part of MTM services for new patients.
- Patients worked in during regular pharmacy day
Students At NCHS

- See patients with doctor 3 days a week
- See patients for MTM 2 days a week
- Students prepare for MTM visit day before
- Document an electric health visit under anticoagulation worksheet
- Document anticoagulation visit in shadow chart
- Meet with patients face to face

- Patient problem list
- Patient history
- Medication list created – DI run
- Review patient labs
- Predict potential problems/solution

- Make recommendations based on current guidelines
Challenges

Determining why our patients do **NOT** follow up for INR rechecks

- **Transportation**
  coordinate with relatives, neighbors or clinic bus
- **Unable to afford lab fee**
  may have to extend follow ups
- **Not understanding disease and/or medication**
  education
Q&A

When a patient is discontinued from Coumadin should the patient be tapered off over 10 days?

A) True
B) False

Answer: False, no need to taper