

# SSPPS Office of Experiential Education *Preceptor News*

## Preceptor Spotlight: Christine Stockton, PharmD

**Pharmacist and Pharmacy Manager at Point Loma Cabrillo Drug. Specializing in Community Pharmacy.**

**Training: BS in Biology from UC San Diego, PharmD from Skaggs School of Pharmacy at UC San Diego**

**SSPPS:** *What inspired you to become a preceptor, and how long have you been a preceptor?*

**Christine:** I was inspired to become a preceptor because of the past pharmacy teachers and mentors I have had, and this is a small way in which I hope to repay their kindness and the knowledge they have shared with me. I work at a small independent, family-owned pharmacy. I feel like I have a unique opportunity as a preceptor in this environment, which is to share with students what it is like to provide care to a tight-knit community, and let them see that they can use an entrepreneurial spirit to create the pharmacy they want to work at! I have been a preceptor for UCSD SSPPS since 2013, and I also precept for Pacific University in Hillsboro, Oregon.



**SSPPS:** *Can you share some teaching pearls that you have learned over the years?*

**Christine:** You can always learn something from everyone (e.g., your co-workers, your patients, other healthcare providers, and your students!) - you just have to be open to listen! I also try to pass along the importance of watching for medication errors, especially in a culture where speed seems to be a priority. Speed is important, but never at the sacrifice of patient safety. I have never regretted taking the time to consult with patients and review medication profiles. In fact, this is where many potential errors are caught.

**SSPPS:** *How do you structure a rotation to promote successful student outcomes?*

**Christine:** I find it important to give the student as much one-on-one time as possible. By closely shadowing the community pharmacist, I hope the students can envision themselves soon working as a pharmacist. When they become comfortable in their skills, their confidence blossoms, and by the end of the rotation they are doing almost everything! It is impossible to learn everything in 6 weeks, but I always try to impart the basic skill set they need as a community pharmacist, and hopefully inspire them to keep learning!

**SSPPS:** *Are there some specific challenges for future pharmacists you feel are important to address with your students?*

**Christine:** Yes, there are definitely new challenges, all the time! At the top of my list, we address the difficulty in managing medicines for chronic pain patients, given the restrictions and limits on filling narcotics. Close communication is necessary between the pharmacist, prescriber, and patient. The pharmacist is often making a judgment call about whether a medicine is too soon to fill, etc. I want students to learn how to effectively help these patients stay on track, and be in the position to help them if needed. As pharmacists, we are there to help and not to add to the stigma many of these patients are experiencing. The challenge comes in that there are many invalid prescriptions out there, and a lot of medicine and substance abuse. We have to learn how to recognize who is a valid pain patient, and start a relationship in which there is trust.

**SSPPS:** *What other aspects of your site/rotation would you like to share with the preceptor community?*

**Christine:** We try to provide an old-fashioned pharmacy feeling at our store, where the pharmacist is always readily available to talk to, and we know each customer walking through the door. The community has been wonderfully supportive, even helping to keep CVS from moving next door to us back in February. They made a petition, gaining more than 1,000 signatures against CVS. If you are ever in the Point Loma area, please stop in and visit us!

## Transitions and Achievements

- Dr. Harminder Sikand, promoted to Clinical Professor, VOL
- Dr. Kimberly Tallian, promoted to Clinical Professor, VOL
- Dr. Michael Misel, promoted to Associate Clinical Professor, NS
- Dr. Juan Toledo, promoted to Associate Clinical Professor, NS
- Dr. Paul Hansen, promoted to Assistant Clinical Professor, NS
- Dr. Amy Lin, promoted to Assistant Clinical Professor, NS
- Dr. Michelle Schlueter, promoted to Assistant Clinical Professor, NS

## Preceptor Development Events

On Saturday, August 6<sup>th</sup>, the Office of Experiential Education (OEE) hosted the 2016 Preceptor Skills Workshop. This year's workshop was led by Stephen Schneid, MHPE, Health Sciences Educator and Co-Director of the Team-Based Learning (TBL) Program at SSPPS; Dr. Nancy Yam, Pharmacy Manager at UC San Diego Health; and Dr. Renu Singh, Health Sciences Clinical Professor of Pharmacy at SSPPS. Our workshop brought 125 licensed pharmacists from across Southern California and 33 Pharmacy students visiting from China to Skaggs School of Pharmacy for a day of education and collaboration. The goal was simple: to discuss challenges impacting preceptors and to share strategies to address these challenges. Presentations included professionalism concerns, preceptor teaching roles, and tips for teaching challenging learners. To conclude the event, our expert preceptor panelists LCDR Brian Ihlenfeld and Drs. Winnie Thi, Farivar Jahansouz, Troy Drysdale, and David Bao fielded questions from the audience and shared personal anecdotes about their own experiences as preceptors. The OEE would like to thank the presenters as well as the attendees for a highly successful workshop!



*From left to right: LCDR Brian Ihlenfeld, Drs. Winnie Thi, Farivar Jahansouz, Renu Singh, James Colbert, Mr. Stephen Schneid, and Drs. Troy Drysdale and David Bao.*

## Announcement

I regret to report the recent and untimely passing of Maximillian—“Max” to his many friends- Jahng, PharmD. Max was a 2009 graduate of the College of Pharmacy in the Western University of Health Sciences. He recently completed a PGY2 Infectious Diseases Residency in 2011 at the Veterans Affairs Hospital in San Diego. He served as a preceptor for students and residents, although many know him for his tireless efforts with the Kappa Psi pharmaceutical fraternity. In addition to his work with the student chapter, Max was a founding member of the Graduate Chapter in San Diego. He will be sorely missed.



Maximillian Jahng, PharmD, BCPS

- James Colbert, PharmD

## The Pharmacist’s Letter as an IPPE and APPE Resource

Through our partnership with the Pharmacist's Letter, you – as an SSPPS preceptor - have access to the Preceptor Training & Resource Network. Here’s what your access to Preceptor Training & Resource Network includes:

- Preceptor CE (home-based courses and live webinars)
- Sample student syllabi, activities, assignments and schedules
- Targeted professionalism, patient safety and practice-based teaching resources
- PL Journal Club (APPE teaching tools)
- Pharmacy 101 (IPPE teaching tools)

Information regarding access instructions is emailed on a quarterly basis. If you have any questions or require assistance accessing the Preceptor Training & Resource Network, please contact Amber Berean [aberean@ucsd.edu](mailto:aberean@ucsd.edu).

## Do You Have a Volunteer Faculty Appointment with SSPPS?

### Benefits of a Voluntary Appointment

- Physical and Proxy access to the UCSD library system
- Able to access recreational facilities and use the UCSD Bookstore (includes educational pricing on software and hardware)
- Utilize the UCSD shuttle bus service
- Eligible for reimbursement for poster presentations and/or meeting registration (see SSPPS website for details)

For questions about the voluntary appointment process, please contact Shirley Walker-Dominguez at (858) 822-5503 or [swalkerdomingo@ucsd.edu](mailto:swalkerdomingo@ucsd.edu)

- To initiate the process for proxy access to the library please contact Andrina Marshall at [amarshall@ucsd.edu](mailto:amarshall@ucsd.edu) (please allow one week for processing)

Links	Questions? Comments? Ideas?
<p><a href="#">SSPPS Home Page</a></p> <p><a href="#">OEE Website</a></p> <p><a href="#">Oasis Log In Page</a></p> <p><a href="#">Benefits of a Voluntary Appointment</a></p>	<p>Please feel free to contact the OEE!</p> <p><b>James Colbert</b>, Pharm.D., Associate Dean, Experiential Education <a href="mailto:jcolbert@ucsd.edu">jcolbert@ucsd.edu</a> 858.822.6699</p> <p><b>Lisa Avery</b>, APPE Experiential Education Coordinator <a href="mailto:lavery@ucsd.edu">lavery@ucsd.edu</a> 858.822.2216</p> <p><b>Amber Berean</b>, IPPE Experiential Education Coordinator <a href="mailto:aberean@ucsd.edu">aberean@ucsd.edu</a> 858.822.7803</p>