The Resident Experience

Mitchell Vitale, PharmD
PGY2 Health-System Pharmacy Administration
UC San Diego Health
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Agenda

1. Where I’ve Been
2. The Big Decision, Part 1
3. PGY1 Life
4. The Big Decision, Part 2
5. PGY2 Life
6. The Big Decision, Part 3
Where I’ve Been (#UCSD)

UCSD

Undergrad

Pharmacy School

Rotations

PGY1 Acute Care

PGY2 HS Pharmacy Admin

VA! Scripps Mercy! UCSD

UCSD

UCSD

UCSD
The Big Decision, Part 1

PGY1

Work
PGY1 Life

DISCLAIMER: Your experience may vary
(And be totally awesome!)
PGY1 Life
Residencies – Things to Think About

1. Interests
   Rotation opportunities

2. Experiences
   Inpatient vs. outpatient
Exploring Interests - Rotations

<table>
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<tr>
<th>Orientation</th>
<th>Staffing Training</th>
<th>Medicine (La Jolla)</th>
<th>MICU</th>
<th>CT Transplant</th>
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<th>Admin</th>
<th>NICU</th>
<th>Owen Clinic</th>
<th>Medicine (Hillcrest)</th>
<th>Informatics</th>
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Outpatient Transplant
Residencies – Things to Think About

1. Interests
2. Experiences
3. Program Size
4. PGY2s
   ◦ And manage expectations...

Rotation opportunities
Inpatient vs. outpatient
Support, job prospects
Follow your dreams!
### Residency Sizes

<table>
<thead>
<tr>
<th>Size</th>
<th>Pros</th>
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<tbody>
<tr>
<td>Small</td>
<td>- Best job prospects</td>
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<td>- More flexibility of experiences/rotations</td>
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<td>- Less/no co-resident support, may not have a precepting component</td>
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<td>Medium</td>
<td>- A balance between small and large programs</td>
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<tr>
<td>Large</td>
<td>- ?? job prospects, may not get first choice for all electives</td>
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<tr>
<td></td>
<td>- More co-resident support, PGY2 opportunities</td>
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<td>- Usually affiliated with schools of pharmacy, more teaching opportunities</td>
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UC San Diego Residencies

Currently 25 residents

- 12 PGY1 Acute Care
- 3 PGY1 Ambulatory Care
- 1 PGY1 Community Pharmacy
- 2 PGY2 Critical Care
- 2 PGY2 Transitions of Care
- 1 PGY2 HS Pharmacy Administration
- 1 PGY2 Infectious Disease
- 1 PGY2 Oncology
- 1 PGY2 Psychiatry
- 1 PGY2 Solid Organ Transplant
Residencies – Things to Think About

1. Interests
   Rotation opportunities
2. Experiences
   Inpatient vs. outpatient
3. Program Size
   Support, job prospects
4. PGY2s
   Follow your dreams!
5. Precepting
   Affiliation with a school
6. Teaching/Learning
   Teaching vs. non-teaching
PGY1 Life - Teaching

1. Teaching certificate
2. Therapeutics conference
3. Precepting pharmacy students
4. Presentations
   ◦ Grand Rounds
   ◦ Journal Club
   ◦ Morbidity and Mortality
5. Rounding, inservices
## PGY1 Life - Teaching

### Orientation
- 3

### Staffing Training
- 5

### Medicine (La Jolla)
- 5

### MICU
- 5

### CT Transplant
- 5

### Staffing Training
- 3

### Admin
- 5

### NICU
- 5

### Owen Clinic
- 5

### Medicine (Hillcrest)
- 5

### Informatics
- 5

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### Teaching Certificate

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### Outpatient Transplant

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### Therapeutics

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### Grand Rounds

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### M&M

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### Precepting

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### Journal Club

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### Precepting

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Residencies – Things to Think About

1. Interests
   Rotation opportunities
2. Experiences
   Inpatient vs. outpatient
3. Program Size
   Support, job prospects
4. PGY2s
   Follow your dreams!
5. Teaching
   Affiliation with a school
6. Learning
   Teaching vs. non-teaching
7. Staffing
8. Work/Life Balance
   Me time!
9. Research
   A necessary evil?
PGY1 Life – Staffing, Research

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- Precepting
- M&M
- Grand Rounds
- Journal Club

- Staffing (20 weekends)
- Research Project
- Teaching Certificate
- Outpatient Transplant
- Therapeutics
- Apply for PGY2s
Some Survival Tips

- You get out what you put in
- Schedule time for yourself & your friends
- Diet & exercise
- If you’re struggling, tell someone
- **Always be professional!**
  - Your interview started yesterday – people are always watching
PGY1 Reflections

- Befriend pharmacists AND technicians
- Time flies
  - Especially after Midyear!
- Start thinking about PGY2s early
- Don’t be afraid to ask
The Big Decision, Part 2
PGY2 Health-System Pharmacy Administration

Currently Candidate status

Director: Nancy Yam, PharmD, MHA, BCPS
Rotations

52 weeks of admin!

- Operations
- Personnel Management
- Business and Finance
- Automation
- Medication Safety

Projects, projects, projects 😊
Experiences

First 4 months
- CDPH Licensure Visit for Jacobs Medical Center
- The Joint Commission Triennial Survey
- Board of Pharmacy Sterile Compounding License
- Nursing magnet survey
- Presentation at UC Office of the President

Upcoming
- Opening of Jacobs Medical Center (Sunday!)
PGY2 Life - Differences

- Pursuing your interests
  - More focus on the path to becoming an expert
  - #YOLO
- Similar responsibilities as PGY1
  - With more projects
- More efficient
  - Good or bad thing?
The Big Decision, Part 3
Good Luck!!!