

UC San Diego Skaggs School of Pharmacy & Pharmaceutical Sciences Newsletter

Summer 2013

Appointment of Brookie Best as Associate Dean for Admissions and Outreach at the Skaggs School of Pharmacy and Pharmaceutical Sciences

By Palmer Taylor, Ph.D.

I am most pleased to announce the appointment of Dr. Brookie Best as our Associate Dean for Admissions and Outreach Associate. Dr. Best is an Associate Professor of Clinical Pharmacy and Pediatrics. This is a new position reporting to the dean and completes our projected searches for associate dean positions. As with all of our other academic deans, Brookie will continue with her teaching, mentoring, and research obligations as she takes on this important responsibility.

Brookie received her undergraduate degree in Chemistry at UC San Diego and completed her Pharm.D. at UC San Francisco prior to our starting a pharmacy school at UC San Diego. Following a residency at the UC San Diego Medical Center and an NIH fellowship in clinical pharmacology at UC San Diego, she joined the faculty in the Department of Pediatrics and the Skaggs School of Pharmacy & Pharmaceutical Sciences in 2003, soon after the Charter Class matriculated in the Fall of 2002. Brookie's



research has been directed to studies on the disposition and pharmacokinetics of anti-retroviral and other chemotherapeutic agents particularly in obstetric and pediatric patients. Since joining UC San Diego faculty, Brookie has been engaged in several teaching, mentoring, research, and organizational functions of our new school. She was responsible for developing the application of our NIH (NICHD) T35 training grant for summer students, the only such training grant currently held in a pharmacy school.

She has also taken the reins for teaching our first-year pharmaceutics courses upon Tom Tozer's retirement. This is one of three major sequences of courses in our first-year curriculum. Based on student interest and awards conferred, our students find great value in Brookie's organization and presentations in the courses. She has also been a principal leader in the mentoring of our advanced students in their research projects and thesis requirements.

Please join me in wishing Brookie success as we immerse ourselves in the recruitment and admissions effort for the Class of 2018, and in welcoming Brookie Best as the new Associate Dean for Admissions and Outreach .

Student News

The Birth of the CSHP-UCSD Student-Run Tobacco Cessation Clinic

By Crystal Zhou, P-3

In the fall of 2012, eight enthusiastic student pharmacists embarked on a journey to start a Tobacco Cessation Program at the UCSD Student-Run Free Clinics. The group consisted of the following student pharmacists: Rebecca Kandillian (P3), Andrea Bechtold (P3), Mark Aparicio (P3), Alan Chin (P2), Carol Yoon (P2), Suraya Jabaiah (P2), Francis Wang (P2) and Crystal Zhou (P2). Soon, the group enlisted the help and guidance of Dr. Timothy Chen, Director of the National Tobacco Cessation Clinical Resource Center (TCCRC) for the Veterans Affairs. Dr. Chen, with the help of 4th-year student pharmacists, Jiah Kim, Colleen Tu, and Stephanie Tse, trained the group to become proficient in interviewing patients and devising a patient-specific behavioral and/or pharmacological regimen.

On January 30, 2013, the Tobacco Cessation Clinic officially started at the UCSD Student-Run Free Clinic located in Pacific Beach. Through a combination of motivational interviewing and nicotine replacement therapy (patches, nicotine lozenges, and nicotine gum), the clinic helps patients who have made the decision to quit smoking. Patients who are not ready to quit smoking present a great opportunity for educating them on the benefits of quitting. Since January, the Tobacco Cessation Clinic team has been extremely successful and has



helped several patients by designing regimens tailored to each patient. In addition to aiding patients with tobacco cessation, the Tobacco Cessation Clinic is also assisting patients with Medication Therapy Management under the guidance of Dr. Tim Chen. By gathering information from the medical students, pharmacy students, and patients, the Tobacco Cessation Clinic makes medication recommendations to improve the health outcomes of patients.

The Tobacco Cessation Clinic runs every first and third Wednesday of the month at the UCSD Student-Run Free Clinic in Pacific Beach. The project will become one of the CSHP-UCSD projects chaired by an elected third-year student who will recruit and train a team of second and third-year students for the CSHP-UCSD

Tobacco Cessation Clinic team in the Fall of 2013. In the future, CSHP-UCSD hopes to expand its Tobacco Cessation Clinic to the rest of the free clinics to help more patients quit smoking. The clinic is currently financially sustained through donations and grants. CSHP-UCSD would like to thank the Free Clinic Phun Run Grant for its support.

If you are interested in donating or helping in any other way, please contact Alan Chin (a3chin@ucsd.edu) or Rebecca Kandillian (rkandili@ucsd.edu).

Cessation Clinic Inhalers, Pig Lungs, and Warm Apple Pie: A Week at SCAMP Camp

By Sarah Brown, P-1

To kick off the summer of 2013, ten UC San Diego Skaggs School of Pharmacy and Pharmaceutical Sciences (SSPPS) students headed up to YMCA Camp Marston in Julian, CA to volunteer at the 40th annual SCAMP Camp held June 23-28. The American Lung Association organizes the Southern California Asthma Management Program, commonly known as SCAMP, for children with moderate to severe asthma. These kids have access to a climbing wall, an archery range, and other outdoorsy camp activities such as running and swimming that they might not otherwise participate in due to their asthma. SCAMP also emphasizes topics such as triggers, creating an asthma action plan, lung anatomy and physiology, coping with the stresses and issues that arise from asthma, and most importantly, how campers can manage their asthma so as to maintain a healthy, active lifestyle.



This is the third year that SSPPS pharmacy students have been involved as part of the medical volunteer staff at SCAMP Camp. To prepare for the week, students attended training sessions on, inhaler technique. For six days, students were heavily involved in every step of managing asthma therapy and providing asthma education to the campers. Morning, noon, and night, students administered medications to campers and evaluated inhaler technique, making sure that pills were swallowed, timing was flawless, and that spacers were doled out as needed. We also presented asthma education, demonstrating the critical differences in asthma medications such as a short-acting beta-agonist and an inhaled corticosteroid. Another lesson focused on identifying indoor and outdoor asthma triggers, and the steps to take in the event of an asthma attack. Also, pharmacy students were able to utilize their anatomy lab talents in a pig lung dissection with the bronchial tubes carefully revealed to demonstrate the location of the airways that constrict due to asthma.



device, including the new Combivent (RespiMat) inhaler. Volunteers from the audience were invited to demonstrate their knowledge of asthma medications ranging from rescue inhalers to controller medications, and everyone in attendance had an entertaining time assessing each other's technique and sharing knowledge.

For the first time, our pharmacy team gave a presentation to the medical volunteer staff consisting of physicians, nurses, and respiratory therapists. Different types of asthma inhalers were reviewed and counseling points were provided for each



Despite all of our hard work, we still found time to play basketball, make friendship bracelets, and eat some renowned Julian apple pie. We look forward to journeying up to SCAMP camp next year, and hope to further expand our asthma and allergy medication knowledge and preparedness in order to contribute as much as we can to an outstanding team of medical volunteers.

We would like to thank Dr. Michael Welch, Lisa Archibald, and our preceptor Dr. Debbie Pham, for organizing and educating us. A special thanks to our CSHP-UCSD past president, Rebecca Kandilian; current CSHP-UCSD president, Alan Chin and to our 2013 SCAMP camp pharmacy volunteers, Jack Yeung, Thu Truong, Tiffany Hsu, Cindy Ngo, Jennifer Tseng, Nicole Tomboc, Victoria Tsai, Natalie Chang, Sarah Brown, and Alan Chin.

Students Recognize the Faculty at the 2013 AS Student Banquet

The faculty awards went to the following people:

First-Year Student Faculty Award went to **Dr. Brookie Best**

Second-Year Student Faculty Award went to **Dr. Katharina Brandl**

Third-Year Student Faculty Award went to **Dr. Joe Ma**

Fourth-Year Student Faculty Award went to **Dr. Sarah McBane**

The Volunteer of the Year Award went to **Dr. Linda Dean**

SSPPS News

Annual Volunteer Appreciation Reception By Shelly Fromholtz

On Thursday, August 1st, the Skaggs School of Pharmacy and Pharmaceutical Sciences honored its plethora of volunteers at the 6th Annual Volunteer Appreciation Reception in the HSEC Lobby. The school is fortunate to work with a very generous group of volunteers from across the county serving in capacities such as guest lecturing in classes, precepting pharmacy practice experiences, donating products, serving as mentors, leading conferences, and advising on research projects. Dean Palmer Taylor began the program by thanking the volunteers on the school's behalf. He then introduced Drs. Linda Dean and Sarah McBane, recipients of the Associated Students' 2013 "Volunteer Faculty of the Year" and "Preceptor of the Year" awards, respectively, who spoke to the group about their own perspectives on volunteering - what it means to them, to the school, and to the students. Thank you to all of our volunteers. We wouldn't be the successful school that we are without you.



Clinical Faculty News

Clinical Faculty Accomplishments (July 2012 – July 2013)

By Grace M. Kuo, Pharm.D., Ph.D., M.P.H., FCCP
Associate Dean for Academic Clinical Affairs

PROMOTION AND APPOINTMENTS

Congratulations to the following clinical faculty on their promotions:

- Dr. James Colbert, Health Sciences Clinical Professor
- Dr. Grace Kuo, Professor of Clinical Pharmacy and Adjunct Professor of Family and Preventive Medicine
- Dr. Kelly Lee, Associate Professor of Clinical Pharmacy
- Dr. Joseph Ma, Associate Professor of Clinical Pharmacy
- Dr. Sarah McBane, Health Sciences Associate Clinical Professor
- Dr. Nathan Painter, Health Sciences Associate Clinical Professor

Congratulations to Dr. Bookie Best for being selected as our Associate Dean for Admissions and Outreach!

We are pleased to announce two new clinical faculty appointments at Assistant Professor rank: Dr. Jonathan Watanabe and Dr. Jeremiah Momper both starting September 2013.

HONORS and AWARDS

- Dr. Linda Awdishu received the Great Catch Award from UC San Diego Health Systems.
- Dr. Brookie Best received an Excellence in Teaching Award, Associated Students, Class of 2016, conferred May 2013.
- Dr. Grace Kuo received the Asian Heritage Award in Health and Medicine; 2012.
- Dr. James Colbert was recognized as a Walmart Scholars Mentor, American Association of Colleges of Pharmacy (AACP) July 2013.
- Dr. Jennifer Le received the Recognition Award for Outstanding Mentor, UC San Diego Faculty Mentor Program, 2013.
- Dr. Jennifer Le became a fellow to the California Society of Health-Systems Pharmacists, 2013.
- Dr. Jennifer Le received a Masters of Advanced Studies at University of California San Diego, 2012.
- Dr. Kelly Lee received a Masters of Advanced Studies at University of California San Diego, 2012.
- Dr. Sarah McBane received the CSHP Grassroots Advocacy Award, October 2012.
- Dr. Sarah McBane received an Excellence in Teaching Award, Associated Students, Class of 2016, conferred May 2013.
- Dr. Sarah McBane became a Fellow of the American College of Clinical Pharmacy, July 2013.
- Dr. Candis Morello became a Fellow of ASHP Practitioner Recognition Program.
- Dr. Nathan Painter received the 2013 Cardinal Generation RX Champion award from the California Pharmacist Association.
- Dr. Felix Yam received a Masters of Advanced Studies at University of California San Diego, 2012.

SSPPS News

Hepatitis B Screening at the Lantern Festival By Binh Tran, Pharm.D.

Thank you for your wonderful participation in the Hepatitis B Screening at the Lantern Festival that was held on July 20, 2013. We screened 27 people, mostly between 9:30 AM and noon. After 1:00 PM, there were only a few completing the screening, so we wrapped up at 3:00 PM.

Thank you to the following volunteers:

Dung Tran - UCSD Bio Dept
Gach Noi – The Link Magazine from SDSU
Huong Nguyen - phlebotomist, assisted by Truc Nguyen
Ton Tran, MD - Asian Pacific Health Foundation
Paul Huynh, MD, PhD
Kristiana Nguyen - staff
Raymond Kim - volunteer
Elmer Bissarra from the Leather Foundation

Thuy Nguyen, Xuan Phan, Sandy Chong - SSPPS Pharmacy Students
Tri Luu, PharmD, MD - program at Loma Linda University
Valerie Truong - UCSD Post Baccalaureate Program
Kiet Tran - UCSD 3rd year Chemistry Dept PhD Candidate
David Bour - UCSD graduate, class of 2013
Ngoc Huynh - UCSD pre-pharmacy student

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Penny Coppernoll-Blach, MLS

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