

UC San Diego Skaggs School of Pharmacy and Pharmaceutical Sciences
Procedures Following Experiential Education Exposures, Injury, and Emergency

Procedures Following Exposure to Blood/Body Fluids

If you come in contact with another person's blood or body fluid (e.g., **through a needlestick injury** or mucous membrane splash):

- Follow the [CDC Emergency Sharps Information](#) steps
- Wash needlestick(s) and cut(s) with soap and water.
- Flush splashes to the nose, mouth, or skin with water.
- Irrigate affected eyes with clean water, saline, or sterile irrigants.
- Immediately contact preceptor/site coordinator to report the incident.
- Immediately seek medical treatment:
 - Students with non-UC SHIP health insurance may: **Contact Primary Care Provider (PCP)/Physician Group**, **or**
 - Students with non-UC SHIP health insurance may: **Proceed to your insurance designated Urgent Care/Emergency Care facility** (Notify PCP of situation), **or**
 - Students (regardless of insurance) may contact **UC San Diego Center for Occupational & Environmental Medicine (COEM)**, regardless of where the injury happened (Hours are M-F 8am-4:30pm, except holidays).
 - **Call COEM:** 619-471-9210. An appointment will be made for the injured student at the most convenient site (Bring a picture ID and student ID).
 - COEM 330 Lewis St., Suite 100, San Diego, CA 92103 (Hillcrest), **or**
 - COEM 8899 University Center Lane, Unit 160, San Diego, CA (UTC area), **or**
 - COEM 16950 Via Tazon, San Diego, CA 92127 (Rancho Bernardo), **or**
 - **If COEM is not available**-after 4 pm, weekends or holidays:
 - **Preferred:** Contact [UC San Diego Health Urgent Care](#) in advance to verify needlestick injury/exposure care services are available, then proceed if advised. If not advised, proceed to [UC San Diego Health \(Hillcrest or La Jolla\) Emergency Room](#).
 - Students **outside of the San Diego area:**
 - **Contact local Urgent Care** in advance to verify needlestick injury/exposure care services are available, then proceed if advised.
 - If services are not available, proceed to local Emergency Room.
- If prescriptions are needed:
 - Students with UCSHIP should fill prescriptions at Student Health Services or network pharmacy.
 - Students with other insurance fill prescriptions at authorized pharmacy.
- Contact OEE to report situation.
- If subsequent care is needed, follow-up with usual PCP/Physician Group.

Procedures Following Experiential Related Injury or Emergency

- Emergency:
 - Call 911 or go to nearest hospital or emergency care facility.
 - Contact your PCP as soon as possible to inform them about your condition.
- Urgent Medical Situation:
 - If student is injured but unsure of the seriousness of your condition, call PCP/Physician Group for guidance.
 - If student is unable to reach their PCP, proceed to urgent care facility/hospital as needed.
 - Contact your PCP as soon as possible to inform them about your condition

Next steps:

- Contact OEE to report situation.
- If subsequent care is needed, follow-up with usual PCP/Physician Group.

If a student receives a bill from your Urgent Care/Emergency Room visit, contact the OEE for guidance.

Procedures Following Possible COVID-19 Exposure

- All students will update UCSD Student Symptom Checker Form daily, so an exposure related response will trigger a call from UCSD Student Health Services or UCSD Health.
- If students in the SD region have COVID symptoms: Call Student Health Services at 858-534-3300 or UC San Diego Health Testing Support Line at 619-543-8260 for consultation. **Stay at home until you have received guidance**, which may include testing for COVID-19. Tests can be completed at no cost to students at Student Health Services or UC San Diego Health locations, regardless of healthcare provider.
- Students outside of the SD County region: Call your healthcare provider. Stay at home until you have received guidance, which may include testing for COVID-19.
- Student will notify OEE immediately upon potential exposure or presentation of symptoms.
- Student or OEE will notify experiential education site preceptor/site coordinator, if doing experiential education experience.

Summary of Process at Experiential Partner Sites: Seeking Care and Incident Reporting

- Students can seek emergency department care in the facility they are rotating if warranted. Either student or appropriate individual at experiential education experience will determine if the situation is 1) Emergency, or 2) Urgent Medical Situation.
- Students will follow above listed procedures following experiential related injury or exposure.
- Students or OEE will immediately notify preceptor or site coordinator as soon as possible following any incident.
- SSPPS, Pharmacy department or preceptor submits incident report to appropriate internal department, depending on where incident occurred.
- Student receives follow up care with their insured health care provider (i.e. UC Student Health Services or PCP)