Progress Notes and Updates from Renu Singh, Assistant Dean for Experiential Education

Welcome to our Spring newsletter! Our Class of 2019 graduated on May 18 at the UC San Diego Price Center Ballroom. It was a bittersweet farewell to our excited P4 students, who had just completed their seven APPEs in the past year. As a fellow preceptor in my Diabetes Self-Management Clinic I am always struck with how their professional growth in their final year is exponential. Classroom knowledge is rapidly translated to experiential settings with the realization that within a year our students will be licensed pharmacists ready to start careers, residencies and fellowships. The dedication and commitment of our amazing preceptors, each of you, cannot be overstated. You have mentored and coached our students to help them fulfil their potential, even when the road seemed rough, and enabled them to become stronger, more resilient student pharmacists. For that, we are always appreciative. In this issue we honor our preceptors who received Preceptor Excellence Awards for 2019. In a few short weeks we start again with our new P4 students, the class of 2020, initiating their first APPE rotations on July 1. The students received their APPE assignments in April and are very excited to start their rotations, having completed a year of Therapeutics lectures and conferences, an interprofessional team experience with nursing and medical students, and successfully passing their cumulative Comprehensive Exam. Our OEE team recently provided the students with several hours of orientation to APPEs, including topics on working-up and presenting patients, keys to a successful rotation and APPE year, professionalism, policies of the OEE, wellness and counseling resources, and career planning seminar information. Please feel free to reach out to me or any of our OEE team if you have any questions or concerns during the year. We are always available to provide guidance and assistance. We are looking forward to another successful APPE year and summer IPPE program and hope to see you all at our upcoming Summer Preceptor Development Workshop on August 10.

Preceptor Spotlight: Anne Nguyen, PharmD

Staff Pharmacist, Naval Hospital Camp Pendleton Pharmacy
Training: PharmD, Western University College of Pharmacy

SSPPS: What inspired you to become a preceptor, and how long have you been precepting?
Anne: I have been a preceptor for over 5 years. What inspired me to become a preceptor is the positive mentorship that I received from different individuals throughout my life. My first mentor was my tenth grade AVID teacher, Ms. Sullivan. Ms. Sullivan made a huge impact in my life. If I hadn’t met Ms. Sullivan, I do not know what my future would be like now. I immigrated to the United States with my family when I was 12 years old and had no knowledge of the English language. My parents worked numerous minimum wage jobs to support my four siblings and me. Attending college and having a professional career were luxurious ideas that I could not fathom. However, Ms. Sullivan taught me that my current situation did not define who am I. Rather, she gave me the strength and determination to be more. She pushed me to apply to college and assisted me with my scholarship applications. Fast forward to my pharmacy school years, I was very blessed to meet many wonderful preceptors along the way of becoming a pharmacist. Without my mentors, I would not be who I am now. I’m very grateful to them and their guidance. Now I have the opportunity to do the same. I wish to make a positive impact on someone else’s life.
**SSPPS:** What advice would you give to new preceptors of pharmacy students? What is the most satisfying aspect of precepting students?

**Anne:** Each rotation site has its own set of standards, goals, and objectives to meet pharmacy school requirements and to determine passing grades. However, each student comes to a rotation site with different experiences, knowledge, and goals. Therefore, it is crucial that we assess each students’ abilities, potential and goals at the beginning of the rotation and to provide some flexibility within these standards to meet their individual needs. I strongly believe that having a genuine care for the student’s success is the key element. This creates a comfortable environment for students to openly share their goals, receive guidance, and seek support to achieve their personal goals. It is very rewarding to see how much the students have accomplished and have grown during the rotation.

**Transitions and Achievements**

- Dr. Michael Nitake, PharmD, MBA, was recognized as the Long Beach Region Preceptor of the Year by University of the Pacific.
- Kaiser San Diego’s PGY1 Community-Based Pharmacy Residency program at the April ASHP Commission on Credentialing was granted approval for accreditation for four years until 2023.
- Scripps Mercy San Diego Hospital preceptors Drs. Stephanie Kim, Sheila Hwe, Daryush Tabatabai, Tu Nguyen, Victoria Tsai, and Henry Lederer earned board certification in Pharmacotherapy.
- Scripps Mercy San Diego Hospital preceptors Drs. Yelena Figuerado and Julie Moon earned board certification in Critical Care.
- Dr. Harminder Sikand of Scripps Mercy San Diego Hospital was elected to the CSHP Board of Directors and now serves on the ASHP Commission on Credentialing as well.

**Changes in the Office of Experiential Education**

Lisa Avery will be retiring at the end of June, 2019. She has been with UCSD for 30 years, and has worked for Skaggs School of Pharmacy since 1995. Prior to working for Skaggs she worked at UC San Diego Clinical Laboratories Department of Pathology administrative offices. Her plans in retirement include moving to Oregon to be closer to family, enjoying travel, training her dog, and catching up on reading.

Jayne Laity has joined the Office of Experiential Education as APPE Coordinator, replacing Lisa Avery in her retirement. Ms. Laity has been with UC San Diego for one year, having moved from Australia at the start of 2018, where she managed administration services in the country’s only Public Cancer Hospital. She works as a Community Engagement Advisor for a research project outside of her time with the Office of Experiential Education and enjoys doing anything that is outdoors!
Preceptor Development Program: Spring

The Office of Experiential Education hosted “Making Experiences Count: Precepting with Purpose”, a preceptor’s conference on Saturday, April 27th 2019 from 8 am to noon. Dr. Felix Yam presented “Best Practices for Co-precepting” and Dr. Julie Park presented “Structuring an Effective APPE.” The presentations included valuable insights from preceptors with broad and diverse experience teaching students at practice sites. Julie Park, Pharm.D. is the Executive Director of National Pharmacy Services at Prospect Medical Group. Her presentation outlined the steps involved in establishing an APPE program, analyzed the benefits and barriers to establishing a program, and examined opportunities and strategies for creating a new rotation program or expanding the existing APPE program. Dr. Felix Yam, Pharm.D. M.A.S., BCPS, BCCP is Associate Clinical Professor and Director of Advanced Pharmacy Practice Experience at Skaggs School of Pharmacy. His presentation described contemporary precepting models designed to optimize learning and add value to patient care. Additionally, best practices in preventing preceptor burnout and promoting precepting efficiency in a busy clinical work environment were discussed.

Preceptor Excellence Awards 2019

Congratulations to our awardees:

APPE Health System: Dr. Troy Drysdale (Scripps Memorial) and Dr. Paricheh Azimi (UC San Diego Health)
APPE Ambulatory care: Dr. Janice Kerr (UCSD Transplant) and Dr. Bony Kari (Camp Pendelton)
APPE Community: Dr. Wendy Lam (Costco) and Dr. Adriann Deguzman (UCSD Hillcrest)
APPE Elective: Dr. Eva Sullivan (Scripps Mercy) and Dr. Mark Mariski (UCSD transplant)
IPPE Community: Dr. Chancellor Charette (Ralphs) and Dr. Erica Bono (Rite Aid)
IPPE Institutional: Dr. Bill Turner (Palomar Hospital), Dr. Thien Nguyen (Scripps Green Hospital), Dr. Neil Patel (UC San Diego Health)
IPPE Service Learning: Dr. Matt Horton (VA San Diego) Dr. Ben Dishman (VA San Diego)
Left: **Winners of the 2019 APPE Preceptor Excellence Awards** (Left to right): Dr. Felix Yam (presenting), Dr. Bony Kari, Dr. Janice Kerr, Dr. Eva Sullivan, Dr. Mark Mariski, and Dr. Paricheh Azimi.

Right: **Winners of the 2019 IPPE Preceptor Excellence Awards** (Left to right): Dr. Sarah Lorentz (presenting), Dr. Chancellor Charette, Dr. Benjamin Dishman, and Dr. Thien Nguyen.

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**Upcoming Preceptor Development Events**

On **Saturday, August 10th, 2019** the Office of Experiential Education will present **“Becoming a Proficient Preceptor: Lessons from the Leaders”**. This preceptor development program will take place in the lower level auditorium at the Skaggs School of Pharmacy from 7:30 am to 11:00 am, for 3.0 units of CAPE continuing education credit, and will include breakfast. Invitations will be emailed out to preceptors soon. Please be sure to hold the date.

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