



Roadmap to Residencies and Fellowships

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UC San Diego
SKAGGS SCHOOL OF PHARMACY
AND PHARMACEUTICAL SCIENCES

Outline

- Why do a residency?
- Types of residencies
- How to select a program
- Where to find programs
- How to obtain a residency
- Timeline
- **Question and Answer Session**



Questions to Ask Yourself

- What skills do I want to obtain?
- What do I want to do after I graduate?
- What types of positions do I want to obtain?
- Can I be competitive in future job market?
- Where do I see myself in 10-20 years?



Other Critical Factors

- Where do I want to live/work?
- Can I live away from home?
 - Financially, emotionally
- Can I survive the “Match”?
- What am I willing to sacrifice to obtain a residency?



Benefits of Residency Training

- **Gets you the job**
 - Qualify for positions that require residency or advanced training
 - Provides flexibility & adaptability to change your developing career path
 - Distinguishes you from other candidates
- **Gets you the promotion**
 - Most pharmacists in faculty, management, or clinical roles have completed a residency/advanced training
- **Provides networking opportunities**
 - Find mentors
 - Expand your resource base
 - Provide future job opportunities
- **Helps you achieve your professional vision**
 - Plan your career
 - Develop leadership skills
 - Find out what you're interested in by practicing in a variety of settings



Student Residency Guide

[VIEW RELATED LINKS](#) ↓

Pharmacy students (P1-P4) who are considering pursuing a residency, utilize the following links below to view the latest information regarding pharmacy residency programs, preparing to navigate the road to residency, the application process, the online residency directory, participating in the pharmacy resident matching program, the post-match process and more.

Pharmacy Residency

- [Pursuing Residency](#)
- [Why Should I Do a Residency](#)
- [Selecting a Residency](#)
- [Interview Skills Packet for Residency Candidates](#)
- [Glossary of Terms](#)
- [Residency FAQs](#)

Preparing for a Pharmacy Residency

- [PGY2 Residencies](#)
- [Get Involved](#)
- [Explore National Programs and Awards](#)
- [Attend National Meetings](#)
- [Expand Your Network](#)
 - [Student Societies](#)

<https://www.ashp.org/Professional-Development/Residency-Information/Student-Residency-Guide>



Types of Residency Opportunities

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Post-Graduate Year 1 (PGY1) Residency

- **Purpose**

- Train to become clinical pharmacist
- Rotations (usually 4-6 weeks) in various areas of pharmacy practice
- Usually 12 months in duration

- **Pros**

- Good programs train you to become excellent clinical pharmacists
- Gives individual a great overview of the possibilities in pharmacy practice

- **Cons**

- Can be a repetition of P4 year
- Poor training/mentoring
- Primarily used as staff pharmacist

- **Experiences**

- Acute care, ambulatory care, administrative, residency project

Types of PGY1 Programs

- PGY1 Pharmacy
 - Read the Residency Special Features section to evaluate type of PGY1
 - Acute Care and Ambulatory Care both under the heading of PGY1 Pharmacy
 - Some programs may have emphasis in certain specialty areas
- Community Pharmacy
- Managed Care Pharmacy
- PGY1 and PGY2 Combined Program

Post-Graduate Year 2 (PGY2) Residency

- **Purpose**
 - Train to become a clinical pharmacist in a particular area of specialty
 - Usually 12 months in duration
- **Pros**
 - Excellent opportunity if you know what specialty you are interested in
 - Provide mentoring/training for career path
- **Cons**
 - Specialty needs to be marketable and desirable
 - Caution with too narrowly focused programs
 - May not get experience in all areas of pharmacy practice
 - Inexperienced preceptors
- **Experiences**
 - Usually acute care, ambulatory care, electives, health system management, residency project

Types of PGY2 Programs

- Ambulatory Care
- Cardiology
- Critical Care
- Drug Information
- Emergency Medicine
- Geriatric Pharmacy
- Health-System Pharmacy Administration
- Infectious Diseases
- Internal Medicine
- Medication-Use Safety
- Nuclear Medicine
- Nutrition Support
- Oncology
- Pain Management and Palliative Care
- Pediatric Pharmacy
- Pharmacotherapy
- Informatics
- Psychiatric Pharmacy
- Pharmacy Residency Training in an Advanced Area of Practice
- Solid Organ Transplant Pharmacy
- Others.....

Why should I do a PGY2?

- **PROS**

- Generalist vs Specialist
- Connection to specialists within area and networking opportunities
- Advanced pathway for board certification
- Future employment opportunity

- **CONS**

- Commitment to specialty area
- Decreased income for 1 year



Selecting a Residency Program

How to Select a Program

- Residency Program

- What is the reputation of the program/medical center?
- Is it a teaching institution/academic center? (Does it matter?)
- How many years have they offered a residency program?
- How many residents have graduated from the program?
- What positions have past residents been able to obtain?
- What do past residents have to say about the program?
- How much time do I spend on clinical activities (rounds, patient care related activities)?
- Are the preceptors recognized for excellence in their area of practice?
- Opportunities available post-residency?

Other Critical Factors

- Patient populations and services
- Service commitment
- Work environment
- Residency projects
- What are the benefits?
- Number of residents in the program
- Are there support systems?



Accredited vs. Non-Accredited

- Accrediting Organizations
 - ASHP accredited residency
 - ACCP peer reviewed fellowship
 - Voluntary peer review process conducted by the ACCP Fellowship Review Committee
 - APhA joint accreditation for Community Pharmacy
 - AMCP joint accreditation for Managed Care Pharmacy
- **Pros** of Non-Accredited Programs
 - Flexible, tailor to your wants/needs
- **Cons** of Non-Accredited Programs
 - No standard guidelines, may not obtain adequate components of most residencies
- Accreditation important for PGY1, PGY2; accreditation for fellowships may not be as critical

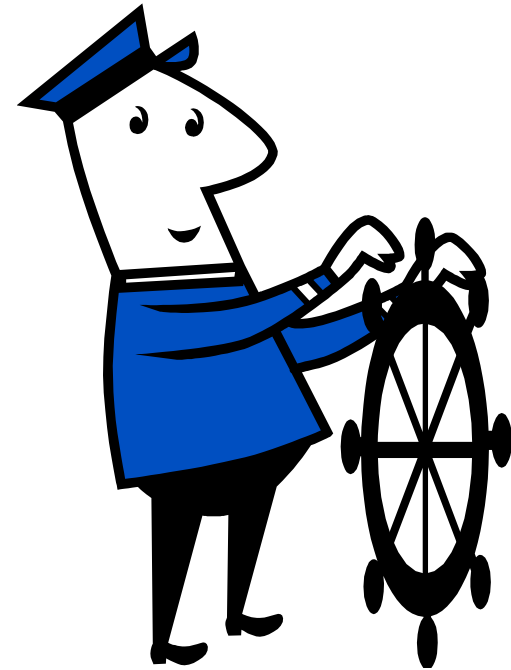
In-State vs Out-of-State

- Pros

- Great way to experience pharmacy (and life) in different region of the country (for 1-2 years)
- Larger network of top ranked programs
- Broadens your network of colleagues
- May be able to compete locally for PGY2 and fellowship positions

- Considerations

- Geographic preference
- Financial situation
- Family life
- Culture/extracurricular interests



Finding a Residency Program

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ASHP Residency Directory

<https://accred.ashp.org/aps/pages/directory/residencyProgramSearch.aspx>



Online Residency Directory

The purpose of the ASHP accreditation program is to identify and grant public recognition to practice sites having pharmacy residency training programs that have been evaluated and found to meet the qualifications of one of the Society's residency accreditations standards. Thus, accreditation of a pharmacy residency program by the Society provides a means of assurance to residency applicants that a program meets certain basic requirements and is, therefore, an acceptable site for postgraduate training in pharmacy practice in organized health care. [More...](#)

Pharmacy Online Residency Centralized Application Service opens November 3rd each residency year. PhORCAS <http://www.ashp.org/phorcas>

Search

Institution Name:	<input type="text"/>
Location:	Select a State/Country <input type="button" value="v"/>
PGY1:	Select a PGY1 Program <input type="button" value="v"/>
PGY2:	Select a PGY2 Program <input type="button" value="v"/>
PGY1/PGY2:	Select a PGY1 & PGY2 Combined Program <input type="button" value="v"/>
<input type="button" value="SEARCH"/>	

The online directory includes Postgraduate Year One (PGY1) pharmacy programs and Postgraduate Year Two (PGY2) pharmacy residency programs. With few exceptions, residency programs participate in ASHP's Resident Matching Program. It is VERY IMPORTANT that you check with the programs that you are interested in to check if they participate in the Match. All residency applicants should become familiar with the Resident Matching Program. The directory provides uniform information about each accredited residency, and also lists information about residency programs in practice sites that have submitted accreditation applications but for which accreditation is still pending, i.e. programs with an accreditation status of pre-candidate, candidate or preliminary. Such residencies are not accredited and their listing in the Directory has no bearing on whether or not they may eventually be accredited.

It is intended that the Directory will be useful primarily to pharmacy students and pharmacists who are interested in applying for admission to ASHP-accredited residency programs. The user is urged to review the Guide to Use of the Directory before attempting to interpret the condensed information in the listings of the individual residency programs.

The information listed in this Directory reflects our most current records. If the information in your listing is not correct, please contact ASHP Accreditation Services Division at (301) 664-8645 or asd@ashp.org.

ACCP Residency Directory

<https://www.accp.com/resandfel/search.aspx>

ACCP
American
College of
Clinical Pharmacy

MY A

ABOUT CAREERS EDUCATION & MEETINGS JOURNAL MEMBERSHIP POLICY, PRACTICE, & GOVERNMENT AFFAIRS PRNS RESEARCH STORE

Overview
Online Position Listings
Directory of Residencies, Fellowships & Graduate Programs
Residency and Fellowship Forum
ACCP Report Position Listings
Specialty Certification Examination Preparation
Specialty Recertification

SEARCH DIRECTORY

Please perform your search by selecting the criteria for your interests (Default settings will return all listed):

Specialty
--Please Select--

Country
--Please Select--

State/Province
--Please Select--

Program Type
--Please Select--

Search

Managed Care

<http://www.amcp.org/InformationForTertiary.aspx?id=9075>

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Publications | Professional Development | Policy Issues & Advocacy | Meetings | Practice Resources | Member Center | AMCP Foundation

The benefits of membership

- » Member Directory
- » Resources
- » Leadership Directory
- » Networking
- » Meetings
- » JMCP
- » Advocacy

LOGIN

Stay Connected

Accredited Managed Care Residencies

Print E-mail

Residency Submissions:

Sponsoring Organization	Application Deadline	Residency Start Date
American Health Care	January 15th	July 1st
Blue Cross Blue Shield of Michigan	January 6th	July 1st
Blue Shield of California	January 15th	July 1st
Coventry Health Care of Kansas, Inc.	January 11th	July 1st
CVS Caremark	January 11th	July 1st
CVS Caremark	January 11th	July 1st
Department of Defense Pharmacoeconomic Center	January 11th	July 1st

Inside This Section

- » About Accreditation
- » Add Residency/Fellowship Program
- » Accredited Managed Care Residencies
- » Accredited Residencies
- » Non-Accredited Residencies
- » Fellowships
- » Residency Showcase

Take Action!

- » Download San Diego Handouts
- » Join AMCP/Renew
- » Visit Online Learning Center
- » Find an AMCP member
- » Update My Profile
- » Sign Up for AMCP Mailings (non-members only)

REQUIRES LOGIN

UCSD Residency Program

<http://health.ucsd.edu/specialties/pharmacy/residency/Pages/default.aspx>

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Pharmacy Residency

About

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[UCSD Skaggs School of Pharmacy](#)

[Contacts](#)

[Residency Programs](#) +

UC San Diego Pharmacy Residency

I want to welcome you to our University of California San Diego Health, Pharmacy Department residency site. UC San Diego Health has a long and proud tradition of training pharmacy residents.

Our graduates have been changing pharmacy practice through innovative patient care for over 35 years. Built on that tradition, we offer two PGY1 programs, and seven PGY2 programs. Each of them has their foundation in our organizational excellence, and their strength in our many outstanding preceptors.

All this is right in the middle of the top health system in San Diego, one of the top five in California. I will let you read [what others say about our organization](#). Did I mention that [San Diego is America's Finest City?](#)

I hope that you will take a little time to explore our programs, and get a feel for how we can help you on your unique career path. I look forward to meeting many of you in the future. Let me know if I can help you learn more about UC San Diego Pharmacy residencies. You can follow me on Twitter [@daniels_ced](#).



Residency Class of 2009

Community Pharmacy

<http://www.pharmacist.com/residency>

The screenshot shows the American Pharmacists Association (APhA) website. The header includes the APhA logo with the tagline "Improving medication use. Advancing patient care." and social media icons for Facebook, Twitter, LinkedIn, YouTube, Email, and RSS. Navigation links for "Login/Register" and "Contact Us" are present, along with a search bar and a "Join APhA" button. The main navigation bar features "LEARN", "PRACTICE", "GET INVOLVED", "SHOP", "ABOUT", and "NEWS".

The "LEARN" sidebar menu includes:

- CAREER CENTER
 - JOB SEARCH
 - PATHWAYS
 - RESIDENCIES**
- CONTINUING EDUCATION
 - HOME STUDY CPE
 - LIVE ACTIVITIES
 - TRAINING PROGRAMS
 - AMBULATORY CARE REVIEW AND RECERTIFICATION
 - TECHNICIANS
 - MY TRAINING

The main content area features the "Postgraduate Pharmacy Education and Training Resource Center" with a logo and social sharing options. Below this is the "Postgraduate Training Program Directory" with a search form:

Postgraduate Training Program Directory

Institution Name:

Location:

Program Type:

On the right, there is a "Resources" section with the following items:

- Accreditation Resources**
A complete list of resources for the accreditation of PGY1 Community-based Pharmacy Residency Programs, including Standards; Outcomes, Goals, & Objectives; and Accreditation Survey Visit documents.
- Postgraduate Year 1 Community Pharmacy Residency Program Implementation Guide**
A comprehensive guide outlining the steps of implementation of a community pharmacy residency program, including the decision to start a program.

UCSD Community Pharmacy Residency

<https://pharmacy.ucsd.edu/faculty/residents.shtml>

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ABOUT

ACADEMIC DEGREE
PROGRAMS

PROSPECTIVE
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CURRENT STUDENTS

RESEARCH

FACULTY RESIDENTS
PRECEPTORS

ALUMNI & DONORS

ADMINISTRATION

Faculty, Preceptors, & Residents

Faculty

Preceptors

Residents

Experiential Education

Faculty Awards and Honors

Course Coordinators and
Faculty

Voluntary Faculty

Research

Pharmacoeconomics
Forum

Clinical Practice

Partners in Medication Therapy

OASIS Login for Faculty

PILS

UC San Diego (UCSD) Skaggs School of Pharmacy & Pharmaceutical Sciences (SSPPS) PGY1 Community Pharmacy Residency Program

Program Summary

Residency positions:	1/year
Accreditation status	Candidate
Appointment:	12 months, from July 1-June 30
Benefits:	Medical, vision, dental, life insurance, vacation, sick time, and professional leave

Affiliated with:

Ralphs Pharmacy

Program Purpose

The purpose of this one-year, postgraduate training program in community practice is to build upon the doctor of pharmacy (PharmD) education and outcomes to develop community-based pharmacist practitioners with diverse patient care, leadership, and education skills who are eligible to pursue advanced training opportunities including postgraduate year two (PGY2) residencies and professional certifications.

The UCSD PGY1 Community Residency is a collaborative program between UCSD-SSPPS and Ralphs Pharmacy. Residents will have shared learning experiences with both UCSD Health System and Ralphs Pharmacy.

Program Outcomes

Faculty

<https://pharmacy.ucsd.edu/faculty/clinical.shtml>

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ABOUT ACADEMIC DEGREE PROGRAMS PROSPECTIVE STUDENTS CURRENT STUDENTS RESEARCH FACULTY RESIDENTS PRECEPTORS ALUMNI & DONORS ADMINISTRATION

Faculty, Preceptors, & Residents
Faculty
Preceptors
Residents
Experiential Education
Faculty Awards and Honors
Course Coordinators and Faculty
Voluntary Faculty
Research ▾
Pharmacoeconomics Forum
Clinical Practice
Partners in Medication Therapy
OASIS Login for Faculty
PILS

Clinical Practice

Anticoagulant Therapy

- [David Adler, Pharm.D](#)

Cardiology, Antiplatelet and Antithrombotic Therapy

- [Doug Humber, Pharm.D](#)

Cardiology and Internal Medicine

- [Felix K Yam Pharm.D.](#)
- [Jennifer Namba, Pharm.D.](#)

Critical Care; Cardiothoracic Surgery; Pulmonary Hypertension

- [Farivar Jahansouz, Pharm.D](#)

Diabetes Education and Internal Medicine

- [Renu F Singh, Pharm.D, CDE](#)

Diabetes Management

- [Candis M Morello, CDE, FASHP](#)

Family Medicine

- [Nathan Painter, Pharm.D, CDE](#)
- [Sarah McBane, Pharm.D, CDE, BCPS, FCCP](#)

Health Systems, Pharmacy Leadership

- [Charles Daniels, R.Ph., Ph.D., FASHP](#)



Starting the Process

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Take Advantage of Resources

<https://pharmacy.ucsd.edu/current/year04.shtml>

The screenshot displays the website for the UC San Diego Skaggs School of Pharmacy and Pharmaceutical Sciences. The header includes the university logo, the tagline "Where discoveries are delivered.™", and a search bar. A navigation menu lists categories: ABOUT, PROSPECTIVE STUDENTS, CURRENT STUDENTS, RESEARCH, FACULTY RESIDENTS PRECEPTORS, ALUMNI & DONORS, and ADMINISTRATION. The "CURRENT STUDENTS" section is active, showing a sidebar menu with links for Year 1-4, E-Handbook, Licensure Preparation, All Students, Student Web Portal, Travel, Policies & Guidelines, Pharm.D./Ph.D. Program for Current Students, E*Value, PILS, and TritonLink. The main content area is titled "Year-4 Students" and lists resources such as the CA Board of Pharmacy Intern Hour Affidavit and Ten Simple Rules for Getting Published. It also features sections for "Experiential Education" and "Postgraduate Preparation" for the Class of 2016 and 2015, with detailed lists of presentations and schedules.

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Enter Search Keywords and Submit

ABOUT PROSPECTIVE STUDENTS CURRENT STUDENTS RESEARCH FACULTY RESIDENTS PRECEPTORS ALUMNI & DONORS ADMINISTRATION

Current Students

- Year 1
- Year 2
- Year 3
- Year 4
- E-Handbook
- Licensure Preparation
- All Students
- Student Web Portal
- Travel
- Policies & Guidelines
- Pharm.D./Ph.D. Program for Current Students
- E*Value
- PILS
- TritonLink

Year-4 Students

- CA Board of Pharmacy Intern Hour Affidavit
- Ten Simple Rules for Getting Published

Experiential Education

- Experiential Education

Postgraduate Preparation

Program for Class of 2016

- Postgraduate Preparation Schedule
- Student Pharmacist Resource Guide
- Alumni Residency and Fellowship Programs

Presentations:

- General Overview of Post-graduate Education by Dr. Charles Daniels, 7/21/15
- Planning for Residencies by Dr. Kelly Lee, 7/21/15
- Curriculum Vitae Review by Dr. Sarah Lorentz, 9/3/15
- Fellowship Programs and Career Tracks by Dr. Joe Ma, 9/3/15
- The Residency Application Process and PhORCAS by Dr. Marcie Lepkowsky, 9/17/15
- Interview Pearls by Dr. Juan Toledo, 11/19/15
- Match Phase I and Phase II Scramble by Dr. Marcie Lepkowsky, 02/28/16

Program for Class of 2015

- Interview Pearls, Dr. Juan Toledo, 12/16/14
- Post Grad Education Program Schedule Class of 2015
- Student Pharmacist Resource Guide for the Class of 2015
- List of sites where our alumni have done residencies and fellowships
(Students can contact Kim Ciero for alumni contact information to inquire about program.)
- Overview of Postgraduate Training, Dr. Charles Daniels, 7/22/14
- Roadmap to Residency and Fellowship, Dr. Kelly Lee, 7/22/14
- CV Reviews, 8/26/14
- Fellowship Programs and Career Tracks, 8/26/14
- Pharmacy Residency Applications Process, Dr. Felix Yam 9/18/14
- Residency Overview, Dr. Jennifer Namba, 10/09/14

Key Dates

CSHP Seminar Residency Showcase (Las Vegas, NV):

Friday, October 27, 2017

2:00pm – 4:30pm

Saturday, October 28, 2017

8:00am – 11:00 am (tentative)



ASHP Midyear Clinical Meeting (Orlando, FL)

Monday, December 4, 2017

1:00pm – 4:00 pm

Tuesday, December 5, 2017

8:00am – 11:00 am & 1:00pm – 4:00 pm

Preparing for Showcases

- Print list of programs before you arrive and prioritize
 - May not need to visit local programs if you know them well
 - Attend all showcase days since different programs show on different dates
 - Research programs prior to arriving at showcases
- Bring plenty of CVs/business cards, notebook, pens
- Dress professionally and manage your time wisely
- Visit programs even if you don't think you will apply – you might be surprised
- Be courteous with **everyone** during entire process
- Talk to different people at the booths; different perspective
- Treat the meeting as a mini-interview; do not be afraid to ask tough questions
- After each program, write down your impressions immediately and make personal notes

Questions – To Ask or Not to Ask?

Questions to Ask

- What are the qualities that you seek amongst your residency candidates?
- What type of mentoring and resident development do you provide?
- Where do your past residents typically work after finishing the program?
- What type of teaching opportunities are available for your residents (if applicable)?
- What is your format for interviews?
- What is your process for selecting elective rotations?
 - May want to follow up with specific rotation if pursuing a PGY2 in that area
- How flexible is your program?
 - Such as repeating a rotation in an interest area, developing a new rotation, schedule changes

Questions NOT to Ask

- Can you tell me about your program?
- Is your program accredited?
- What is your salary?
- What are your benefits?
- How many vacation days do you offer?
- What is your staffing requirement?
- Any question that is easily found on website



Timeline

July – August

- Decide if you're going to apply for a post-graduate program
- Decide type of program (general, specialized, fellowship)
- Decide accredited or non-accredited
- Decide geographic location
- Make list of programs of interest
- Start preparing your CV and determine potential reviewers (**CURRENT PRECEPTORS ARE YOUR BEST BET – SO BE ON YOUR BEST BEHAVIOR**)
- Register for CSHP Seminar

September – October

- Finalize your CV (**takes longer than you think!**)
- Start thinking about recommendation letter sources
- Prepare for CSHP Seminar and list of programs
- Have primary and secondary list of programs you want to visit
- Register for ASHP MCM (Registration opens mid-July and open *generally* through November)
- Register for PhORCAS

November 1 – November 30

- Register for the Match and obtain Match number
- Finalize list of recommendation letter sources and set up meetings to formally ask for letters
- Download application forms and start completing applications
- Prepare “packets” for recommendation letters
- Write letter of intent
- Prepare for the ASHP Midyear Meeting

Recommendation Letter Items

- Letter of intent
 - Can be the same one that is needed for the application
 - Purpose is to know why you are applying for residency
- Curriculum Vitae
- A one-page document/table that lists all of the programs that you're applying to including:
 - Exact name of program (e.g. PGY1 Residency in Acute Care, etc...)
 - Exact name, degrees and titles to whom the letter should be addressed
 - Reasons why you are applying to that residency/fellowship in particular
 - Website of the program and deadline
 - Additional evaluation form needed (Y or N)
 - Ranking of program (if known)
- All items should be emailed by _____ (find out from preceptor/faculty)

December – February

- ASHP Residency Showcase
 - After ASHP MCM, review your notes and finalize your choices
 - Finalize letter of intent
 - Finish applications
- Submit applications
- Programs will send out announcements about on-site interviews (most programs will require one)
- Once you find out about an interview, talk with your APPE preceptor about potential dates and how many days you are allowed
- Schedule the interview and try to find out who you're interviewing with
- Ask details about the schedule, opportunity to talk with residents, tour, etc
- Most programs will not provide accommodations, travel or meal reimbursement (be prepared for any unexpected expenses)
- Make travel arrangements and let your preceptor know

February – March

- Consult with preceptors, faculty members and past residents
- Decide which program to rank
- Submit match rankings (March)
- If not matched, seek other programs
- If matched, sign letter of intent and celebrate!
- Let your references know of the results

And last but not least...



- Note important deadlines and mark your calendars
- Never too early to prepare
- Your CV is probably never perfect – but you can try!
- Keep your options open
- Thank those who have assisted you along the way...





Question and Answer Session

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