

SSPPS Office of Experiential Education Preceptor News

Preceptor Spotlight: Jennifer Cao, Pharm D.



Pharmacy Manager, La Maestra Community Health Centers

Training: UCSD Skaggs School of Pharmacy and Pharmaceutical Sciences

Specialty: Outpatient Community Pharmacy

SSPPS: Can you share some teaching pearls that you have learned over the years?

Jennifer: Students learn best when they come to their own conclusions. When teaching, ask questions that encourage the student to arrive at the answer. For example, instead of asking “What time of day should a patient take montelukast?” ask “When are asthma symptoms exacerbated? How long does it take for montelukast to be effective?”, then “Why is montelukast taken at bedtime?” These questions promote critical thinking and allow for

greater memory retention.

SSPPS: Explain how your team and facility benefit from precepting our pharmacy students.

Jennifer: Our team at La Maestra Community Health Centers benefits from an enriching relationship with students who are eager to learn and grow in their pharmacy knowledge. We structure our rotations with a set schedule that includes a variety of activities and projects including provider shadowing, daily patient interaction and discussion with the preceptor to develop communication skills and mentorship respectively. The students keep us at the forefront of pharmacy news and updates, and the providers experience the benefit of having a pharmacist on the healthcare team.

SSPPS: Describe a situation you have had with a student, either positive or negative, that resulted in a better experience for the student, a better understanding of being a preceptor for you, or made a difference in a patient’s care.

Jennifer: During a P2 student’s rotation at the pharmacy, we noticed he was very timid and cautious in approaching the pharmacists for questions or tasks. During his midpoint evaluation, we discussed ways he could improve in his rotation by taking initiative and building confidence. He took the input to heart and gained confidence and proficiency in consultations and any task we gave him.

Links	Questions? Comments? Ideas?
SSPPS Home Page	Please feel free to contact the OEE!
OEE Website	Renu Singh , Pharm.D., BCACP, APh, CDE, Assistant Dean, Experiential Education rfsingh@ucsd.edu 858.822-5585
Oasis Log-in Page	Lisa Avery , APPE Experiential Education Coordinator lavery@ucsd.edu 858.822.2216
	Pam McGlynn , IPPE Experiential Education Coordinator pmcglynn@ucsd.edu

Preceptor Development Events

On Saturday, June 30th, the Office of Experiential Education (OEE) hosted “Today’s Pharmacy Curriculum from a Preceptor’s Perspective”, a 4-hour-long series of presentations from two SSPPS faculty members and six pharmacy preceptors from the community. Dr. Jan Hirsch and Dr. Joe Ma provided an overview of the SSPPS curriculum, and highlights of activities that SSPPS students engage in outside the curriculum to enhance their development as future pharmacists. The preceptors from the community commented on areas of strengths in the curriculum, as well as opportunities for improvement. Dr. Laura Elliott of Palomar Health, Dr. David Bao of BrivoRx, Dr. Ron Belville of Ron’s Pharmacy, Dr. Harminder Sikand of Scripps Mercy Hospital, Dr. Kenneth Schell of Sharp Centralized Pharmacy Services, and Dr. Troy Drysdale of Scripps Memorial Hospital La Jolla each gave presentations that were full of valuable insights from their experience precepting students.



Many of the speakers felt that the SSPPS curriculum succeeded in getting students involved in volunteerism, leadership, and research. Dr. Schell said that SSPPS students had a “focused understanding of the relationship between research and clinical practice.” It was also noted that students were comfortable in a team environment and were articulate, with good presentation skills. Opportunities for improvement in the curriculum included providing students with more disease state integration with complex patient scenarios, an understanding of pharmacy business and management principles, and increased practical training of IV compounding and non-sterile compounding. The presentations are available online in an electronic portfolio and can be accessed here: <https://pathbrite.com/portfolio/PshLDUPVTH/june-30-2018-sspps-preceptors-conference>



Dr. Renu Singh provided closing remarks, and thanked Dr. James Colbert, the outgoing Associate Dean for Experiential Education, for initiating and leading the experiential curriculum at the SSPPS since inception, and wished him well in his retirement.

Reminder of SSPPS Rotation Absence Policy

- Students are to contact both their preceptor and the Office of Experiential Education (Lisa Avery lavery@ucsd.edu for APPEs and Pam McGlynn pmcglynn@ucsd.edu for IPPEs) if they are unable to attend the rotation due to illness or emergency.
- Missed rotation time will need to be made up at the discretion of the preceptor.
- The preceptor’s approval needs to be secured in advance if a student needs to be absent on a scheduled rotation day.
- A plan should be developed by the preceptor and student for the completion of missed time from the

rotation, if the preceptor deems necessary.

- Conditions for excused absences: Students are encouraged to attend professional meetings and interviews required for residency application activities. It is the responsibility of the student to organize these dates in ways to minimize the impact on their educational experiences. Students are expected to work with their preceptors when planning/scheduling interview dates.

Do You Have an Appointment with SSPPS?

Benefits of an Appointment:

- Physical and VPN access to the UC San Diego [library system](#)
- Utilize the UC San Diego [shuttle bus service](#) (shuttles serve campus, UC San Diego medical centers and key points off campus)
- May be eligible for reimbursement for [poster presentations and/or meeting registration](#) (see SSPPS website for details)
- For questions about the appointment process, please contact Mandi Garhartt at [\(858\) 246-0080](tel:8582460080) or mjwalker@ucsd.edu
- After you have your appointment, contact Andrina Marshall at amarshall@ucsd.edu to set-up VPN access to library resources (please allow one week for processing). Please provide first name, middle name or initial, last name, and date of birth when you request access.

2018-2019 IPPEs and APPEs

Requests for site availability will be sent out soon. If you do not receive a request for availability form by early October, please contact Lisa Avery (lavery@ucsd.edu) for APPEs or Pam McGlynn (pmcglynn@ucsd.edu) for IPPEs. Thank you.